



Newsletter

#10 | OCTOBER, 2026

Discover our latest news

Visit Our Website [Here](#)



PAL Network (Belgium)

Resilient Threads Final Transnational Partners meeting! 🇧🇪

We came together with SMART SE from Sweden in person, for the final partner meeting of our Erasmus+ project Resilient Threads in Brussels, Belgium ❤️
So much great work, learning, and collaboration has taken place throughout this journey.



Beyond reflecting on what we have accomplished so far, this meeting also gave us the opportunity to look ahead, exchange ideas, and explore what comes next.

👉 **Do not forget that you can access all learning materials and incredible stories at:**
www.smartcoop.se/resilient-threads



POLAR Transnational Partners meeting in Netherlands and the first newsletter is now available! 🇳🇱



The POLAR journey has officially begun!

Our first newsletter! Stay tuned as we share new tools, resources, and opportunities to get involved throughout the project!

Read the Newsletter here: <https://www.palnetwork.eu/the-first-newsletter-of-the-polar-project-is-now-available/>

Last Friday, we came together at Solution Safari in Leeuwarden for our **second Transnational Partner Meeting of the Erasmus+ project POLAR – Polarized No More!** Together with all partners Solution Safari, PAL Network and Impulse Leeuwarden, we reflected on our progress and focused on the next steps:

***Educational modules *Project website * Student workbooks and educator guides *Pilot workshops**



AntiGypsyism Project Partners Meet in Nicosia for the 2nd Transnational Meeting 🇨🇵

📍 Nicosia, Cyprus | 📅 22-23 October 2026



The AntiGypsyism project partners met in **Nicosia for the 2nd Transnational Project Meeting**, hosted by Humane Technology.

Representatives from the **Institute for Roma and Minorities Inclusion (Germany)**, **Humane Technology (Cyprus)**, **PAL Network (Belgium)**, **Symplexis (Greece)**, **RYCC (North Macedonia)** and **Brainstorming (Spain)** came together to:

- ✅ Review progress and monitor ongoing activities
- ✅ Finalise the format, rules and educational guidelines of our board game

The game is designed for young people and youth workers. It aims to challenge stereotypes about Roma, help players recognise discrimination and encourage inclusive attitudes.

Follow Us on Social Media and stay updated for our next activities:

- **Website:** <https://antigyp.eu/>
- **Facebook:** <https://www.facebook.com/Antigypsism.eu/>
- **Instagram:** <https://www.instagram.com/antigypsyism/>



Materia Group: Sharing Innovation and Building New Partnerships

Materia Group is a Cyprus-based research and innovation SME specialising in active and healthy ageing, healthcare and digital health innovation, personalised interventions, and the social inclusion and well-being of vulnerable populations. We operate an HRDA-certified training centre in Nicosia (K000557), with two certified training rooms, and is recognised as an Equal Opportunity Employer by the Ministry of Labour and Social Insurance. In recognition of its contribution to health and technology, the organisation received a Gold Award at the Social Responsibility Awards in 2021 and a Bronze Award in the same category in 2022 for its telecare service.

Through our work, we aim to connect knowledge with practical solutions, encourage stakeholder engagement, and support the development of initiatives with meaningful impact.

We are keen to strengthen connections with organisations across the PAL Network and explore opportunities for collaboration in areas of shared interest. We welcome exchanges of knowledge and good practices, as well as partnerships for future projects, joint activities, workshops, and European funding proposals.

We invite PAL Network members who are interested in exploring potential synergies with Materia Group to get in touch. We look forward to exchanging ideas and developing new collaborations that create value for our organisations and the communities.



Perma

PERMA Project: Promoting Active Ageing Through Gardening and Sensory Experiences

Materia Group is pleased to be involved in the PERMA project, an initiative that explores how gardening and sensory experiences can contribute to active ageing and enhance the well-being of older adults.

Gardening offers opportunities for physical activity, social interaction, connection with nature, and meaningful participation in everyday life. By incorporating sensory experiences, the project aims to highlight approaches that can encourage engagement, stimulate the senses, and support positive experiences as people age.

Through PERMA, Materia Group is contributing to efforts to promote more inclusive, engaging, and age-friendly approaches to well-being. The project also provides an opportunity to explore how accessible, nature-based activities can be integrated into initiatives supporting older adults in community settings.

Materia Group welcomes opportunities to exchange knowledge and good practices with PAL Network members working in active ageing, older adults' well-being, social inclusion, community-based initiatives, and innovative approaches to healthy ageing.

We look forward to connecting with organisations interested in these areas and exploring opportunities for future collaboration.

Let's cultivate well-being and meaningful connections through active ageing! 🌿

Learn more [HERE](#)



Meet ASES Training: Advancing Education, Innovation and Social Inclusion

ASES Training & Consulting, based in Ankara, Türkiye, is a research-driven organisation dedicated to advancing education, healthcare, digital transformation and social innovation. Bringing together researchers, educators, vocational trainers, entrepreneurs, ICT specialists and healthcare professionals, ASES develops innovative, evidence-based solutions to address contemporary educational and societal challenges.

With extensive experience in European cooperation and international research and development initiatives, **ASES actively contributes to projects under Erasmus+ and other European funding programmes**. Its expertise covers adult education, vocational education and training (VET), lifelong learning, entrepreneurship, digital literacy, artificial intelligence, capacity building and social inclusion.

ASES places particular emphasis on empowering individuals and communities facing educational, economic or social disadvantages. Through initiatives such as **ENTREPVET, Women are In, IN-CREATE, AI4All, VOLUME and Mums in Power**, the organisation has supported innovative learning approaches addressing the needs of young people, women, migrants, adult learners and other underrepresented groups.

A key strength of **ASES lies in its multidisciplinary team and extensive cooperation network, connecting educational institutions, public authorities, businesses and civil society organisations**. Its activities range from needs analysis and curriculum development to digital learning tools, training delivery, pilot implementation, quality assurance and impact assessment.

Committed to turning research into practical and transferable outcomes, ASES promotes accessible, inclusive and sustainable learning opportunities across Europe and beyond.

This commitment is reflected in ASES's participation in the **newly approved Erasmus+ VOICE-UP project**, which aims to strengthen cultural participation and non-formal learning among adults in underserved communities through participatory storytelling, community-based learning spaces and international cooperation.

- **Website:** www.asestraining.com

ASES Research & Training (Turkey)

VOICE-UP: Giving Communities a Voice Through Culture and Non-Formal Learning

A new Erasmus+ project brings together partners from Italy, Greece and Türkiye to promote cultural participation, social inclusion and lifelong learning in underserved communities.

We are delighted to announce the **approval of VOICE-UP – Participatory Cultural Spaces for Non-formal Learning in European Peripheries**, a new Erasmus+ **KA210-ADU** Small-scale Partnership in Adult Education, awarded a **grant of €60,000**.

Running from November 2026 to April 2028, VOICE-UP brings together three organisations: Saremo Alberi Società Cooperativa Sociale (Italy), the project coordinator; DIADRASIS (Greece); and ASES Training (Türkiye).

Link: <https://canva.link/3zeiw17unzgmuhw>



The project **addresses a shared European challenge: limited access to cultural activities and learning opportunities for adults living in peripheral and disadvantaged communities**. It **aims to transform accessible, everyday community spaces into inclusive environments** where people can learn, share experiences, express themselves and actively contribute to cultural life.

At the heart of VOICE-UP is participatory storytelling, combining oral histories, creative expression, visual narratives and community engagement. Rather than treating adults as passive audiences, the project encourages them to become active creators of cultural experiences.

Key activities will include transnational staff training, **methodological exchanges, community-based storytelling laboratories and public cultural events across the three partner countries**. The partnership will also develop an open-access European VOICE-UP Toolkit, enabling educators, cultural organisations and community facilitators to replicate the project's approaches.

ASES Training will lead the staff training and methodological development activities, contributing its expertise in adult education, capacity building, inclusive learning and quality assurance.

Building on the partners' complementary experience, **VOICE-UP seeks to strengthen community connections, encourage intercultural and intergenerational dialogue, and make cultural participation more accessible**.

Through VOICE-UP, we believe that every community has stories worth sharing—and every voice deserves to be heard.

Funded by the European Union through the Erasmus+ Programme.

CODECA participated in the **Erasmus Days Festival Nicosia 2026**, held on Saturday, 17 October 2026, at Eleftheria Square in Nicosia, as part of the Erasmus Days 2026 celebrations.

During the festival, we had the opportunity to present and discuss SafeHost, a European project coordinated by CODECA and funded by the European Union's Citizens, Equality, Rights and Values (CERV) Programme, with visitors and representatives of other organisations.

 **SafeHost** aims to strengthen the early detection of and response to gender-based violence in the hospitality sector through staff training, the development of innovative support tools, and collaboration with specialised organisations.

 The festival provided a valuable opportunity to raise awareness of the project's objectives, highlight the importance of preventing and addressing gender-based violence, and exchange ideas for potential future collaborations.

 **Learn more about SafeHost:** <https://safehostproject.eu/>

As part of the **AMIR Project**, mentors and mentees explored the beautiful villages of the Troodos Mountains, discovering Cyprus's rich cultural heritage, traditions, and local cuisine.

From the charming streets of Omodos to the peaceful Trooditissa Monastery and the traditional village of Kakopetria, the day was filled with cultural discoveries, shared experiences, and meaningful connections. ✨

At AMIR, we believe that integration begins with connection, cultural exchange, and a sense of belonging.

CODECA (Cyprus)



YOU ARE INVITED! FINAL CONFERENCE OF THE THEORY OF CHANGE PROJECT

How can education, participation and innovative practices contribute to more inclusive societies?

The Theory of Change (ToC) project, co-funded by the European Union through the Asylum, Migration and Integration Fund (AMIF), invites you to its Final Conference!

 **5 November 2026**
 **09:00–13:00 (EET)**
 **Athenaeum Hotel, Athens, Greece**
 **Join us online via Zoom**

The conference will showcase the project's key achievements, innovative methodologies and lessons learned in supporting the education, empowerment and social integration of migrant children.

Registration Link:

https://docs.google.com/forms/d/1gZ6YPapiM4SXDQX2mQGk1KSDrfwMNwMgDoJPUH2H51w/viewform?edit_requested=true



How can young people better understand environmental challenges and actively contribute to a more sustainable society?

This is the central question behind Youth Green Compass (project number 101187431), a European project co-funded by the European Union through the Erasmus+ Programme (ERASMUS-YOUTH-2024-YOUTH-TOG).

Association SOLUTION: Solidarité & Inclusion, based in Paris, is the French partner. It organised and delivered local workshops in Paris, giving young people opportunities to explore environmental issues and take part in practical activities promoting sustainability.

Running from December 2024 to November 2026, the project brings together five organisations from Alicante, Kaunas, Paris, Rome and Vienna. Together, they develop educational tools, digital resources and participatory activities to raise environmental awareness and encourage youth engagement.

Website Link: www.associationsolution.org

Learning by doing

Youth Green Compass promotes the idea that environmental education should go beyond theory. Young people need opportunities to experiment with solutions, exchange ideas and take action in their communities. The project also supports the development of creativity, critical thinking, teamwork and initiative.

Educational and digital resources

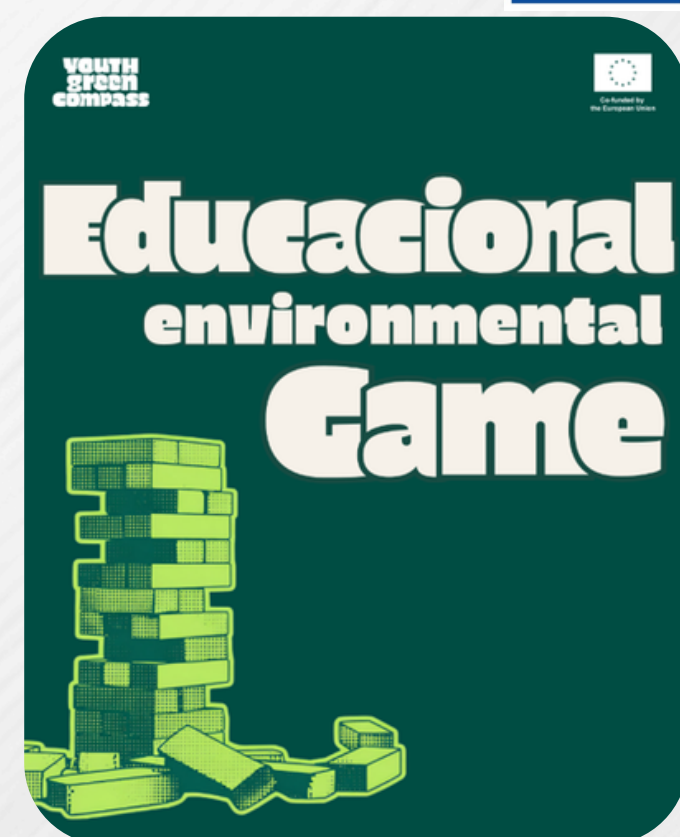
One of the project's key outputs is an educational board game about environmental sustainability, designed for teachers, educators and youth workers. It offers an interactive way to explore ecological challenges and integrate environmental education into learning activities.

The project also provides digital resources. The CityCompass app helps users discover sustainable places and activities. Green City Maps highlight local initiatives and places supporting more responsible lifestyles, while Green Challenges encourage participants to turn environmental awareness into concrete action.

SOLUTION: Solidarité & Inclusion (France)



Co-funded by
the European Union



Young people taking action across Europe

Youth Green Compass promotes local initiatives as part of the World Environmental Week, with 35 events planned across five countries. Activities include documentary screenings, clean-up actions, reuse workshops and environmental awareness events. In Paris, SOLUTION's workshops contribute to this European effort by encouraging young people to participate actively in environmental initiatives and discover practical ways to make a difference.

Discover the project results

Explore the project's resources and activities online:

- Outputs and activities: <https://youthgreencompass.eu/outputs-activities/>
- Project videos: <https://youthgreencompass.eu/project-videos/>

By combining educational tools, digital resources and local initiatives, Youth Green Compass empowers young people to become agents of change and contribute to a greener, more responsible and inclusive Europe.

- **Official website:** <https://youthgreencompass.eu/>

YETF (Youth Employment Training Foundation)

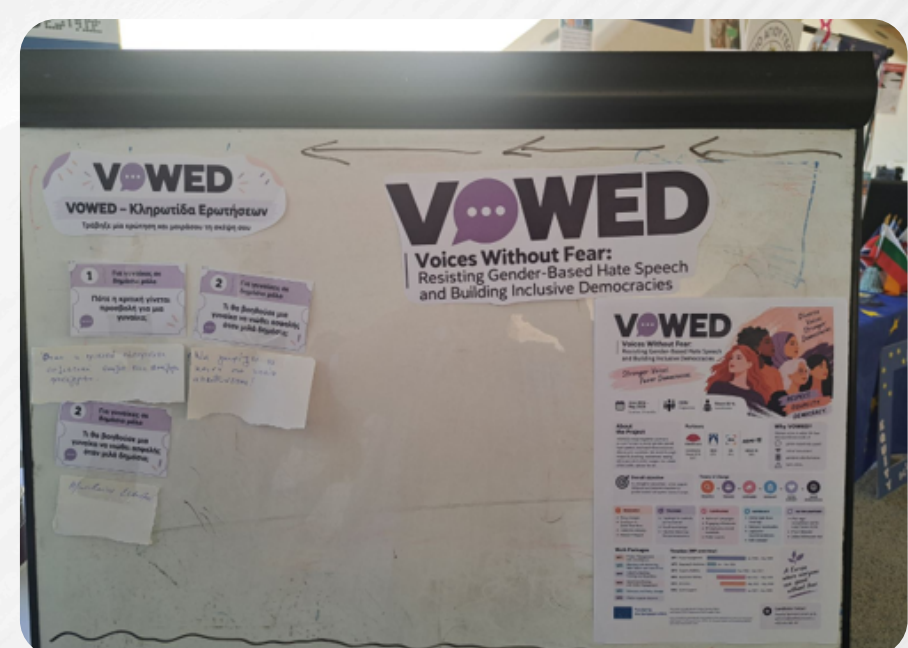
YETF (Youth Employment Training Foundation) aims to empower young people, with a focus on those with fewer opportunities, by helping them develop the skills, confidence, and experiences needed to succeed in society and in the labor market.

At YETF, our impact speaks louder than words. Since our beginning, we've empowered thousands of people and changed countless lives. Here's how we're creating better futures:

- Equipping NEETs and early school leavers with cutting-edge digital tools, career-building strategies, eco-conscious business practices, and leadership skills
- Providing specialized training for people with disabilities or chronic conditions.
- Pioneering circular employment and entrepreneurship initiatives such as Toys with Purpose, a project that upcycles old toys to benefit local charities.
- Hosting events, such as Creating Inclusive Workplaces in Europe, that unite policymakers, businesses, and universities to drive meaningful, real-world change.

Our team brings together expertise in project management, research and evaluation, health sciences, dissemination, marketing, branding, event organization, and digital content creation, alongside finance and administration. Our HRDA-accredited trainers specialize in designing and delivering structured training programs and curricula. Partnering with YETF means working with a dedicated, diverse, and skilled team committed to delivering innovative and impactful project outcomes.

YETF (Cyprus)



The Youth Employment Training Foundation is pleased to be involved in the VOWED project. A project that tackles gender-based hate speech and misogynistic narratives, including the growing influence of the manosphere, which disproportionately affect women active in public life – politicians, journalists, activists, academics and NGO leaders. These practices undermine gender equality, discourage women's engagement and erode democratic participation. The project aims to strengthen victim protection, build resilience and promote systemic change through awareness raising, capacity building, advocacy and support for politicians and other publicly active women. Target groups include these women, youth (18+), civil society, public authorities, media actors and the general public. Youth will be engaged both as a vulnerable group and as multipliers of counter-narratives. Intergenerational dialogue will be fostered through debates and events to reduce polarisation and build solidarity.

We invite PAL Network members who are interested in exploring potential synergies with YETF to get in touch. We look forward to exchanging ideas and developing new collaborations that create value for our organisations and the communities.

At YETF, we don't just provide skills, we unlock potential, inspire creativity, and build inclusive communities, but we're here to turn ideas into action and opportunities into success.



Championing Equality, Inclusion & Empowerment for Vulnerable Groups

Visit Our Website [Here](#)

