



NEWSLETTER NO.4

Support of the Inclusion and Reporting of LGBTQIA+ Youth and their Mental Well-being in Europe
2024-1-SE02-KA220-YOU-000250648

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AND OPPORTUNITIES FOR PARTICIPATION**

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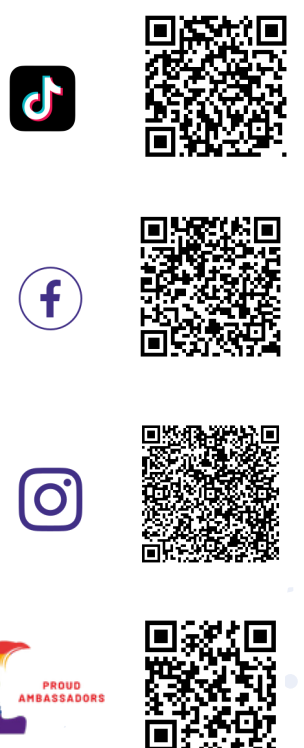
About Us

The Proud Ambassadors project, entitled Support of the Inclusion and Reporting of LGBTQIA+ Youth and their Mental Well-being in Europe (2024-1-SE02 KA220-YOU-000250648) aims at supporting the social inclusion of LGBTQIA+ youngsters by addressing the issue of their mental well-being, which is reported to be negatively impacted and deficiently reported due to the discrimination they continuously face against their Sexual Orientation, Gender Identity, Gender Expression and/or Sex Characteristics (SOGIESC).

Our final in person meeting in Greece

On September 2 & 3, 2026, representatives from every partner organisation travelled to Thessaloniki, Greece, for the project's final Transnational Project Meeting, hosted by CUBE. Over two intensive days, the partnership reviewed the project's results and agreed on the final steps needed to bring Proud Ambassadors to a successful close. Beyond the agenda, the meeting was a chance for the team to reconnect in person one last time and take stock of two years of shared work in support of LGBTQIA+ youth mental well-being – a fitting, full-circle ending to the project's journey.

FIND US





A RE-CAP OF OUR ACHIEVEMENTS!

The Proud Ambassadors Policy Paper

The Policy Brief was developed through a structured, multi-stage process. First of all, partners conducted desk research at the national level, gathering best practices and gaps in their countries, which was completed with two rounds of digital inception meetings with LGBTQIA+ experts, activists, psychologists, and decision-makers to align on the project's objectives; and local focus groups with LGBTQIA+ youth, activists, educators and mental health professionals to identify good practices and gaps. These findings were consolidated into a transnational document, resulting in the finalised Proud Ambassadors Policy Brief – a set of evidence-based policy recommendations for strengthening the support of LGBTQIA+ youngsters' mental well-being across Europe.



**ACCESS THE POLICY
BRIEF BELOW:**

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The Proud Ambassadors Training Handbook and Trainers' Manual

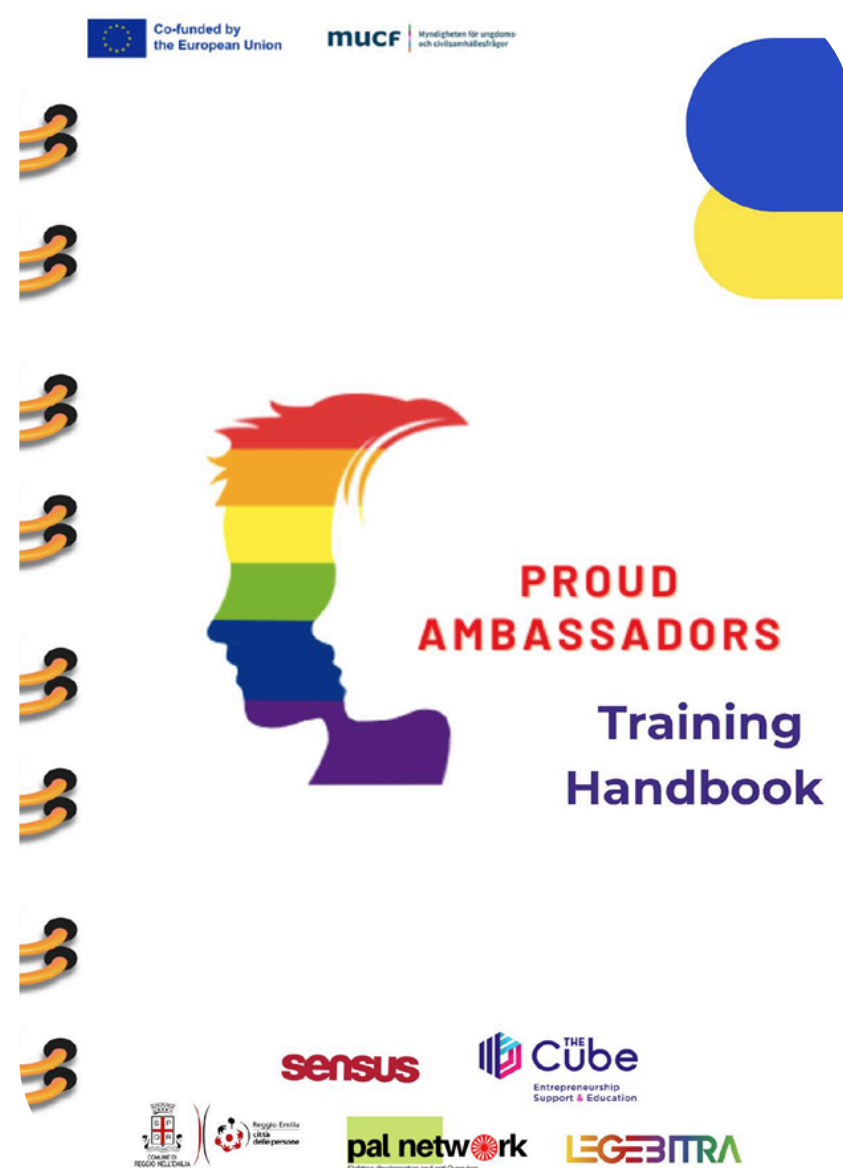
Building on the Policy Brief's recommendations, the partnership developed a comprehensive Training Curriculum comprising eight thematic modules:

- Understanding LGBTQIA+ Identities and Terminology;
- Identifying and Supporting Experiences of Non-Acceptance in LGBTQIA+ Youth;
- Mental Health: Assessment and Resilience-Building Techniques;
- Inclusive Communication and Anti-Bias Language Skills; C
- Creating Inclusive and LGBTQIA+ Friendly Workplaces;
- Legal Frameworks and Rights of LGBTQIA+ Youth;
- Creating Safe and Inclusive Spaces for LGBTQIA+ Youth;
- Practical Tools and Innovative Training Techniques for Supporting LGBTQIA+ Youth.

Together, these modules equip youth workers and professionals with the knowledge and skills needed to properly understand, approach and support LGBTQIA+ young people. The Curriculum was tested and refined during the Training of Trainers hosted by Legebitra in Ljubljana, Slovenia, before being consolidated into the Youth Training Handbook and the Trainer's Manual, which provides structured guidance for delivering each of the eight modules – together forming the dual resource that now underpins the delivery of Proud Ambassadors training across the partnership.

**ACCESS THE TRAINING
PACKAGE BELOW:**

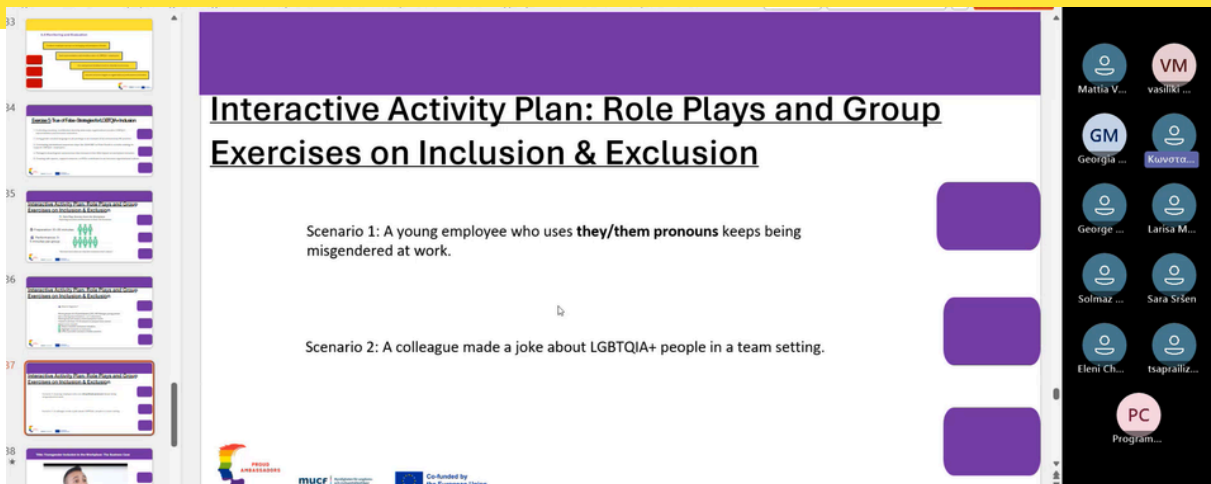
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The Training Webinars for the 1st Generation of Proud Ambassadors

To bring the Training Curriculum to life, the partnership organised a series of 8 interactive webinars, one per thematic module, aimed at youth workers, psychologists, LGBTQIA+ activists and other professionals supporting young people aged 18–30. The webinars equipped participants with practical skills and tools for addressing LGBTQIA+ youth mental health, with full attendance across all 8 sessions required for certification. Welcoming participants from across – and beyond – the partner countries, the series successfully trained and certified the project's 1st Generation of Proud Ambassadors, equipped to carry the project's approach forward within their own communities.



The Proud Ambassadors MOOC Platform

To ensure the Training Curriculum could reach youth workers and professionals well beyond the partnership itself, the project developed the Proud Ambassadors MOOC Platform, an asynchronous, user-centric online learning environment where the Youth Training Handbook and Trainer's Manual have been fully digitalised. The Platform allows anyone – youth workers, psychologists, mediators, child-psychologists and activists alike – to access the eight training modules free of charge, at their own pace, ensuring the Curriculum's reach extends far beyond the project's lifetime and geographic scope.

ACCESS THE MOOC
PLATFORM BELOW:

CLICK HERE

Access

The Proud Ambassadors Support Forum

Complementing the MOOC Platform, the Proud Ambassadors Support Forum was created as an online safe space where certified Proud Ambassadors can offer ongoing peer-guidance and support to LGBTQIA+ youngsters. Building directly on the training delivered through the webinars, the Forum transforms the project's certified 1st Generation of Proud Ambassadors into an active, lasting network of support – ensuring that the guidance and inclusion the project set out to provide continue well after the funding period ends.

ACCESS THE SUPPORT
FORUM BELOW:

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Join the Forum

