



Newsletter

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PAL Network (Belgium)

OPPORTUNITY: Growing into Real Leaders – GIRL Youth Exchange | 12–18 December 2026 | Brussels, Belgium

PAL Network is **looking for four (4) female participants aged 18–25 and one female youth leader aged 18–29 to participate** in Growing into Real Leaders – GIRL, an Erasmus+ youth exchange focused on female empowerment, feminist leadership and active community participation.

During the exchange, each participant will be encouraged to develop something she can take back to her community. This could be an initiative, workshop, awareness-raising activity or another action responding to a local need.

The youth exchange will take place in Brussels, Belgium, from 12 to 18 December 2026.

Based on the Erasmus+ guidelines, **PAL Network is primarily looking for participants living within approximately 100 km of Brussels. The indicative recruitment area stretches from Ostend and Rochefort in Belgium to Cambrai in France, Maastricht in the Netherlands and Dordrecht in the Netherlands. The maximum travel reimbursement is €56 per participant. Any travel expenses exceeding this amount must be covered by the participant.**

Young women from other regions or countries may also apply and join under specific circumstances, respecting the eligible financial reimbursement of the programme.

Accommodation and meals will be fully covered by the Erasmus+ programme. Travel costs will be reimbursed up to the maximum amount of €56 per participant, subject to the project's funding rules and the submission of the required travel documents.

Practical information

- **Working language:** English
- **Host organisation:** QUEST Network, Brussels, Belgium
- **Sending organisation:** PAL Network, Brussels, Belgium

How to apply

Complete the application form: [Registration Form Growing into Real Leaders – GIRL Youth Exchange](#)



SCAN HERE

Meet Our New Member!

PAL Network is delighted to welcome a new organisation from Hungary to our network.

Kreatív Ifjúsági Akadémia Magyarországt: Creative Youth Academy Hungary is a Budapest-based non-profit youth organisation that empowers young people through creativity, innovation, digital skills and active participation. Using non-formal and experiential learning, we organise youth exchanges, training courses, participation activities, community initiatives and European partnerships. Our work focuses on inclusion, intercultural learning, leadership, employability, media and digital literacy, environmental responsibility and social engagement. We work with young people aged 13–30, youth workers and educators, with particular attention to participants with fewer opportunities. Through more than 100 Erasmus+ and youth projects, we have built strong experience in international cooperation, participant support, facilitation, dissemination and practical learning tools.



Welcome to the PAL Network community!

ABARKA ONGD (Spain)



ABARKA ONGD is excited to share a key milestone in the **SereniSleep project (2025-1-BG01-KA210-ADU-000352792)**, an **Erasmus+ KA210-ADU Small Scale Partnership** focused on improving sleep health among adults through education and digital tools.

From 25 to 31 August 2026, the three partner organisations — MOGA ZNAM TVORIA (Bulgaria, coordinator), ABARKA ONGD (Spain), and Kreativna Stanica (Serbia) — gathered in Varna, Bulgaria, for the project's **Learning, Teaching and Training Activity (LTTA)**. This intensive week brought together the full partnership to test and validate the training materials developed during the research phase, exchange methodologies, and align on the next steps for the Online Training Platform (OTP). The LTTA marks a turning point in the project, consolidating the work carried out since the project's launch and paving the way for the final dissemination phase ahead of the project's conclusion in December 2026.



Find more information: [HERE](#)



BÜYÜK ORTADOĞU SAĞLIK ve EĞİTİM VAKFI-BOSEV (Turkey)



Established in 2009, **BOSEV is a multidisciplinary, non-profit foundation and VET centre based in Ankara, Türkiye.** Working through a broad institutional ecosystem that includes hospitals, rehabilitation centres, adult education units and vocational training facilities, BOSEV brings together expertise in education, health, social inclusion, digital transformation and community development. The Foundation is committed to expanding access to high-quality lifelong learning, particularly for vulnerable groups, women, young people and communities facing social or economic disadvantage. In recent years, BOSEV has broadened its work to include environmental health, green skills, sustainable agriculture, rural development, precision-agriculture tools and green entrepreneurship, linking its strong educational and social mission with the European Green Deal and the Sustainable Development Goals.

Within **ELIA – Excellence in Learning, Innovation, and Agriculture: A Centre of Vocational Excellence for the Olive Sector** – BOSEV represents Türkiye as a full partner and serves as co-leader of WP 3, “The ELIA Curriculum”, together with Ankara University. BOSEV will contribute its VET methodologies and pedagogical expertise to the design, development, piloting and refinement of a flexible, learner-centred and competence-based curriculum for the olive-production sector, with particular emphasis on EQF levels 3–5. Its work will support training materials for VET teachers, trainers, students and graduates; skilling, reskilling and upskilling pathways; inclusive and innovative teaching approaches; and the integration of sustainability, digitalisation, entrepreneurship and work-based learning. BOSEV will also help align the curriculum with GreenComp, DigComp, EntreComp and the European Qualifications Framework, while supporting multilingual learning resources, micro-credential pathways and stakeholder validation. Through its educational expertise and stakeholder network, BOSEV will help ensure that ELIA’s results are practical, inclusive, transferable and responsive to the changing needs of olive producers, rural communities, VET institutions and the wider agri-food labour market across Europe and neighbouring regions in practice.

ELIA Project Moves from Planning to Implementation

The **ELIA project** has moved from planning into implementation, bringing together **21 partners from seven European countries** to build a transnational Centre of Vocational Excellence for the olive sector. The partnership formally launched its cooperation during the **first Transnational Project Meeting and kick-off meeting, hosted by the Chamber of Chalkidiki in Thessaloniki, Greece, on 23–24 June 2026.** Over two working days, partners introduced their organisations, reviewed the project’s objectives and agreed on management, financial, quality and communication procedures. Dedicated sessions addressed all seven work packages, including sector research and innovation, the ELIA Curriculum, the common framework for micro-credentials, mobility and industry engagement, policy reform, and dissemination and exploitation. Ankara University and BOSEV jointly presented Work Package 3, establishing the direction for developing inclusive, modular and labour-market-responsive training for VET teachers, trainers, learners and olive-sector professionals. Following the meeting, implementation advanced rapidly under WP 2. The consortium is currently conducting a multilingual survey to identify technical and transversal skills gaps, evaluate existing training opportunities and map key stakeholders across the olive-production value chain.



Organization: Institute of Psychosocial Development - IPSA (Greece)

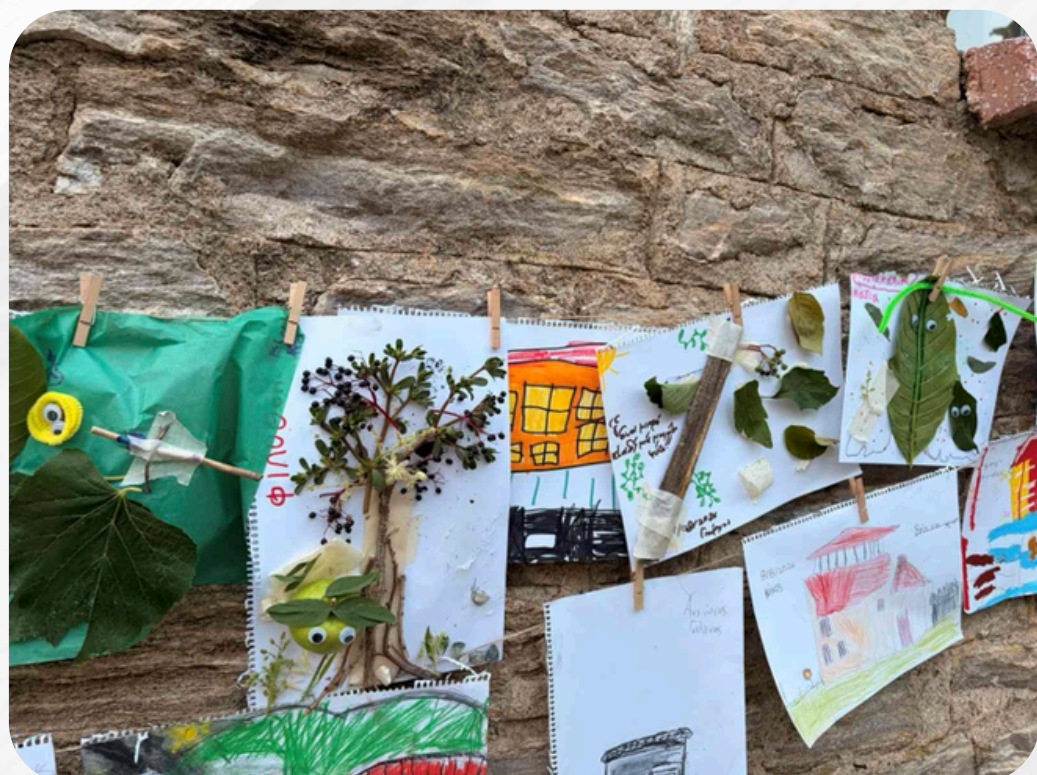


**INSTITUTE OF
PSYCHOSOCIAL
DEVELOPMENT**

On Sunday, 9 August, the Institute of Psychosocial Development (IPSA) and the "Friends of IPSA" Association, in collaboration with the Anatoli Residents' Association "John the Baptist," hosted an afternoon gathering dedicated to children, adolescents and parents. Titled "A Day Dedicated to Children, Adolescents and Parents," the event created a welcoming space for creativity, play, connection and reflection, with a focus on experiences that support mental well-being.

Throughout the afternoon, children took part in a range of creative and experiential activities. They created collages using elements from nature, painted, danced, and explored music and movement through playful activities. Adults, meanwhile, introduced themselves and shared memories, experiences and reflections on the value of carefree summer moments, freedom, connection, and the simple things that bring us joy and strengthen our well-being.

The gathering offered an opportunity for children and adults to come together, express themselves freely and enjoy meaningful shared experiences. It was a warm and joyful afternoon that highlighted the importance of play, creativity and human connection in supporting the well-being of individuals and the wider community.



On Sunday, 23 August, the Institute, in collaboration with Association "John the Baptist," a community association, contributed to an event focusing on crisis management in mountain communities affected by extreme weather events and natural disasters. The event highlighted the critical importance of psychological and psychosocial support, preparedness, and community resilience, particularly in areas where difficult terrain, limited accessibility, isolation, or disruptions to essential services can intensify the impact of a crisis. Ensuring timely access to support and essential resources, strengthening communities' capacity to respond, and providing appropriate psychosocial assistance are key elements in protecting mental well-being and supporting recovery in the aftermath of natural or weather-related disasters.

Solidaridad Sin Fronteras - SSF (Spain)

Do you live in Brussels? Are you 18 to 30 years old? Are you interested in remembrance, migration and collective histories?

At Solidaridad Sin Fronteras (SSF) **we are looking for participants for the Kick-Off Event of our new European Project, Roots and Routes!**

"Roots and Routes: Youth Archiving Europe's Migration Memories" (R&R) is a **CERV-2025-CITIZENS-REM** project that addresses a core gap in European remembrance: the fragmentation and erasure of the micro-histories of Roma, People of African Descent, migrants and LGBTIQ+ communities. R&R is a transnational, community driven project that makes those affected the authors of remembrance and activates their stories locally, then links them across Europe.

Over the course of two years (2026-2028), the project will develop a comparative needs analysis, training activities, community storytelling cycles, artistic exhibitions, dissemination festivals and more. All activities will be implemented in the partner countries of Belgium, Spain, Slovakia, Austria and Italy.

This Kick-Off Event will mark the formal start of this process. We would be delighted to have your voice and participation in this very first step of our journey!

Who are we looking for?

Youth aged 18 to 30 from Roma, PAD, migrant and LGBTIQ+ communities, as well as youth workers, educators, and representatives of NGOs and cultural institutions, based in Brussels.

When and where will the event take place?

The Kick-Off Event will take place in Rue de la Rivière 36, 1210 Brussels, from 17:00 to 20:00. The Agenda will shortly be made available to the partner organisations and sent to participants.



Please register as soon as possible using the following link:
<https://forms.gle/uBWR46zZfEmMq4XR8>

Is this a free event?

It is necessary to sign up to participate, but **there are no entry fees.**

How can I sign up?

Simply register in the link below, and send an e-mail to andres.rodriguez@ssf.org.es stating your name, age and why you are interested in participating. We will get back to you with more information.

Thank you for your interest!



CCIF (Cyprus)



CCIF Cyprus (Cross Culture International Foundation) is a Larnaca- and Paphos-based non-profit delivering non-formal education, youth work, and adult education programmes across Cyprus. Holder of the European Solidarity Corps (ESC) Quality Label, CCIF partners with organisations across Europe on Erasmus+ and ESC-funded projects, combining volunteer hosting, training delivery, and community outreach.

Learn more [HERE](#)

Recycle for Life (RFL):

This Erasmus+ Small-Scale Partnership (KA210-ADU), running through March 2027 with partners in Spain and Italy, trains women in sustainable fashion and entrepreneurship. CCIF has completed the Quality Assurance and Evaluation Framework for the project and is now piloting the training curriculum.

BuildRes:

CCIF is coordinating volunteer piloting of a new digital platform and training curriculum for youth workers, developed together with partners across Europe. Feedback from the piloting phase is currently being consolidated ahead of the next project milestone.

Med-Citizen:y youth

CCIF continues to support this EU-funded project connecting a wide international participant community, with new communication channels being set up to strengthen day-to-day coordination.

YOUTHFEST:

CCIF is preparing to welcome young people from across Europe to Paphos this November for YOUTHFEST, a multi-day youth event combining cultural exchange, workshops, and non-formal learning.



Championing Equality, Inclusion & Empowerment for Vulnerable Groups

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