

# Newsletter

**#4 | APRIL, 2026**

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## PAL Network



### P.O.L.A.R PROJECT

On March 30, 2026, PAL Network successfully implemented the POLAR project focus group, as part of the Youth Speak Forum at the University of Antwerp in Belgium.

More than 25 participants took part in the activity, including students aged 14–18 and secondary education teachers and trainers. The aim of the focus group was to develop a comprehensive and up-to-date understanding of the challenges and their impact on the school environment.

The diversity of participants, coming from different social and educational backgrounds, significantly contributed to the generation of well-grounded findings and valuable insights regarding the real needs of both students and educators.



### RESILIENT THREADS: STORYTELLING NIGHTS

PAL Network successfully implemented the first two “Voices of Diversity” Storytelling Nights under the Erasmus+ project Resilient Threads. The events took place in Stockholm, Sweden, and Kyustendil, Bulgaria, bringing together Roma and non-Roma participants in an inspiring atmosphere of intercultural dialogue, storytelling, and artistic expression. Through personal stories of resilience, identity, and cultural heritage, the events created meaningful spaces for connection, empathy, and mutual understanding.



### PROUD AMBASSADORS MOOC PLATFORM

The Proud Ambassadors MOOC platform offers a comprehensive online training programme for youth workers and professionals working with young people, aiming to enhance their understanding and capacity to support the mental well-being of LGBTQIA+ youth.

Through digital learning materials, thematic modules and interactive activities, participants can gain knowledge and practical tools to promote social inclusion and address discrimination. The platform includes 8 training modules with theory, exercises and quizzes, allowing users to follow the course at their own pace.

Upon completion of the training, participants can receive a certificate of completion, strengthening their skills in supporting LGBTQIA+ youth.

You can find the [User Guide](#) [here](#) and you can have [Access](#) [here](#)



## Greek Association of Women Entrepreneurs - SEGE

Research Centre for Gender Equality (KETHI), organised an awareness-raising event on “Pay Transparency in the Workplace” at WEHub – Female Empowerment Hub in Thessaloniki, within the framework of the EU-funded FAIR PAY project.

The event brought together key institutional stakeholders, experts and representatives from the business community to discuss the implementation of the EU Pay Transparency Directive and its implications for the Greek labour market. High-level contributions included representatives from government, academia and regional authorities, highlighting the strategic importance of advancing equal pay and addressing gender-based wage disparities.



The programme combined policy-oriented discussions with practical capacity-building elements. Participants were introduced to tools and methodologies supporting gender-neutral job evaluation systems, while also engaging in a dedicated workshop on the practical application of pay transparency mechanisms.

A central discussion panel further explored the challenges and opportunities of applying pay transparency in practice, focusing on both organisational readiness and the broader cultural shift required within workplaces.



The initiative aimed to empower both employers and employees with knowledge and tools to navigate the upcoming regulatory framework, while reinforcing the business case for equality, transparency, and inclusive organisational practices.

This action forms part of SEGE’s broader commitment to promoting gender equality, supporting women’s economic empowerment, and contributing to more inclusive labour market policies at national and European level.

**Find more information**

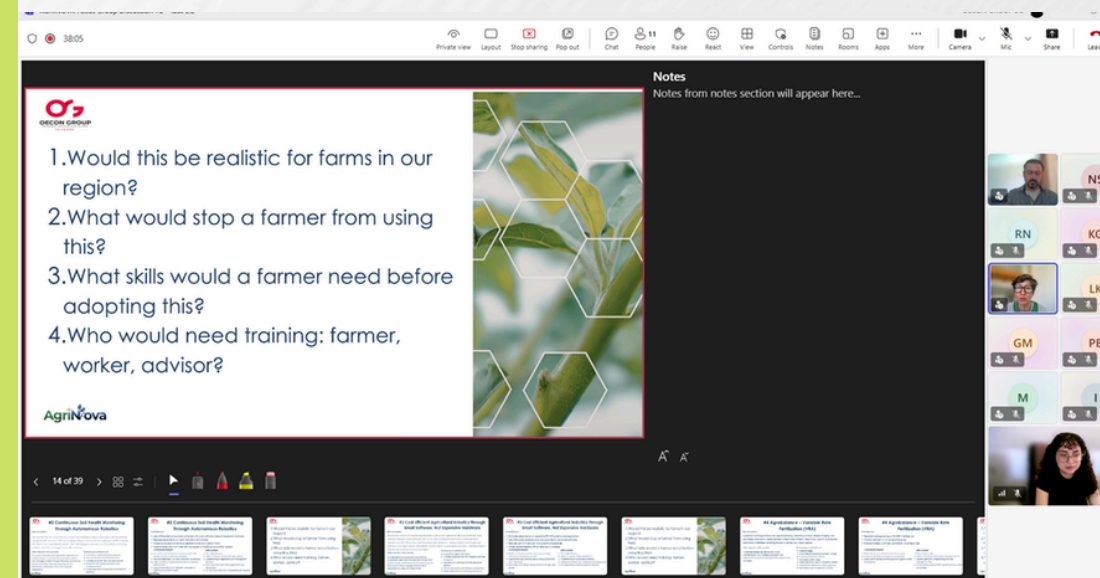
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## OECON GROUP BULGARIA

**OECON Group Bulgaria** successfully organised and delivered two Focus Group discussions within the framework of the AGRINOVA – Developing Sustainable Farming Solutions Erasmus+ project. The focus groups took place online on 21 April and 24 April 2026, bringing together a diverse group of stakeholders from the agricultural, academic, and innovation sectors.

The focus groups were organised as part of Work Package 2 – Task 2.2, which aims to identify skills gaps and practical barriers related to the adoption of innovative and sustainable farming practices across Europe. Participants included farmers, agricultural SMEs, agri-tech experts, researchers, and representatives of educational institutions, all contributing valuable perspectives grounded in real-world experience.

During the sessions, OECON Group Bulgaria presented a selection of best practices collected in Task 2.1, covering areas such as precision soil and nutrient management, robotic farming solutions, regenerative agriculture, and data-driven decision-making tools. Rather than evaluating technologies, the discussions focused on practical applicability, transferability to different regional contexts, and (most importantly) the skills required to successfully implement these practices in everyday agricultural work.



The interactive format encouraged open dialogue around challenges such as digital readiness, cost barriers, training needs, and mindset change, while also highlighting opportunities for innovation, collaboration, and upskilling. The insights gathered will directly contribute to the AGRINOVA Skills Gap Analysis, the Sustainable Solutions Handbook, and the development of a new VET curriculum that will support farmers and agricultural professionals in the transition towards smarter and more sustainable farming models.

OECON Group Bulgaria would like to thank all participants for their active engagement and valuable input. Their contributions play a key role in shaping future training tools that respond to real needs within the agricultural sector.

👉 **Learn more about the AGRINOVA project here: [Home - agrinova-project.eu](https://home-agrinova-project.eu)**

## Associazione Romni APS

### Romani Women's Futures Forum:

**Roma Week 2026: Investing in Romani women means sharing power, resources, and responsibility**



The **Romani Women's Futures Forum: Roma Week 2026** was a political, institutional, and community space dedicated to the experiences, demands, and future perspectives of Romani women and girls in Europe. The event brought together activists, Roma and pro-Roma organizations, representatives of European and international institutions, local administrators, and human rights experts.

The Forum was structured around two main panels: "Voices of Today, Futures of Tomorrow," dedicated to the experiences of Romani women in different European countries, and "What Does Real Investment in Roma Women and Girls Look Like?," focused on the meaning of real investment in Romani women and girls.

In the first panel, moderated by Maja Bova, the challenges experienced by Romani women in Italy, Bulgaria, Romania, and Finland were discussed. **Saška Jovanović, co-founder of ROMNI APS**, stressed that the barriers faced by Romani women are not individual problems, but structural obstacles. In education, many Romani girls encounter discrimination, isolation, and unwelcoming school environments, which often lead to dropout. In employment, discrimination can begin as early as the CV selection stage, because of a surname or residential address. In healthcare and in relations with institutions, Romani women also often face prejudice and inadequate treatment. Jovanović also highlighted the limited presence of Romani women in decision-making spaces. When they are involved, it is often symbolically, without real power. For this reason, it is not enough to speak about inclusion: what is needed is real participation, recognition, and access to power.

**The final message of the Romani Women's Futures Forum: Roma Week 2026 is clear: the issue is not to make Romani women more resilient, but to make institutions more accountable. Formal inclusion is not enough; power, resources, and decisions must be shared.**





## Mamak İlçe Milli Eğitim Müdürlüğü

### Co.De.: CO-DESIGN LEARNING FOR THE SCHOOL OF THE FUTURE

The Co.De. (Co-Design Learning for the School of the Future) project is a 36-month Erasmus+ KA220-SCH initiative (2023–2026) designed to tackle early school leaving by introducing innovative, student-centered learning approaches in secondary education. It focuses on empowering teachers, school leaders, and trainers through the development of a comprehensive competence model and “learning snacks” that support co-design methodologies in classrooms. The project also delivers a digital, interactive Co.De. Toolkit with practical e-tools and training resources. Activities include research, focus groups, pilot testing, and teacher training across partner countries. By fostering collaboration, creativity, and active student participation, Co.De. aims to modernize teaching practices, enhance engagement, and promote inclusive education, ensuring long-term impact on school innovation and learning outcomes across Europe.

### Co.De. Project Advances with Successful Training of Trainers and Strategic Meetings in Athens

The Erasmus+ Co.De. – Co-Design Learning for the School of the Future project successfully held its Training of Trainers (ToT), LTTA, TPM, and Steering Committee meetings on April 27–28, 2026, in Piraeus, Greece. The event brought together partners from across Europe to strengthen collaboration and advance innovative, student-centered learning approaches.



The two-day training began with an introduction to the Co.De. pedagogical framework, including course guidelines and the e-learning platform. Participants actively engaged in a series of hands-on modules such as Role Playing, Storyboarding, Flash Thinking Challenges, and Lifeboat Exercises, each supported by interactive digital tools designed to enhance co-design learning methodologies.

The LTTA sessions on the second day focused on advanced topics including Mentoring, User Testing, and Crowdsourcing, enabling participants to explore practical applications of the Co.De. Toolkit in real classroom settings. These sessions reinforced the project’s commitment to equipping educators with innovative skills and collaborative teaching techniques.

Following the training, the Transnational Project Meeting (TPM) provided a platform to evaluate progress, particularly on WP2 and WP3, including training outcomes, translation processes, and piloting strategies. Partners also discussed improvements, finalisation plans, and sustainability strategies, ensuring long-term impact and open access to project results. The Steering Committee meeting concluded the event with key strategic decisions on implementation, dissemination, risk management, and upcoming milestones.

## Progetto Tenda s.c.s

Since February 2025, together with our European partners Centrum demokratickeho vzdelavani, z. u. (Prague, Czech Republic) and the City of Dublin Education and Training Board (Dublin, Ireland), within the framework of the Erasmus+ KA210 programme, we have promoted the LIAM – Language Inclusion of Adult Migrants Project.

The project was created with the aim of strengthening the language skills of adult migrants, improving their inclusion in the labour market and reducing the risk of exploitation and underemployment. The initiative was developed in response to a shared need among social workers and adult educators to access effective tools for teaching the language of the host country, promoting integrated and sustainable learning pathways.



The project activities were structured around three main areas. The first focused on peer learning and the exchange of practices through job shadowing activities, allowing operators and educators to experiment with innovative approaches to language teaching aimed at labour market integration. The second area involved the co-creation of a shared methodology—both digital and non-digital—built through direct experience and developed from the Italian, Irish, and Czech operational contexts. Finally, the third area of intervention led to the development of a shared toolkit to apply or test tools and methodologies already in use in the partners' national contexts.



On 3 June 2026 at 10:30 AM (Italian time), a final dissemination event will take place, during which each project partner will present this shared teaching methodology, the tools adopted, the objectives achieved, and how these actions aim to reduce the gap between language barriers and access to decent work. Those interested in participating can register via the following link

**Register here:** <https://forms.gle/TR2rtAPNMNsKQwkt7>

## AHA - Youth & Community Center

### Open Doors Erasmus+, Play2Lift Workshop - Empathy & Compassion, Story through Dance Workshop, Game Night

The Open Doors Erasmus+ event created an accessible space for young people to discover international opportunities, encouraging participation regardless of background and fostering equal access to mobility, learning, and personal growth.

Through the Play2Lift Workshop - Empathy & Compassion, participants explored emotional intelligence, active listening, and understanding others' perspectives. The session supported the development of a more inclusive mindset and strengthened interpersonal relationships within the group.



The Story through Dance Workshop provided a safe and welcoming environment where participants could express themselves creatively, regardless of their experience level. By using movement as a universal language, the activity encouraged inclusion, self-confidence, and mutual respect.



Finally, Game Night offered an informal setting that brought people together through interactive and collaborative games. It helped break social barriers, encouraged teamwork, and created a sense of belonging among participants. Overall, these activities contributed to building an inclusive, supportive, and engaged community where every participant felt seen, heard, and valued.



## Institute of Psychological Development (IPSA)



INSTITUTE OF  
PSYCHOSOCIAL  
DEVELOPMENT

April has been an active month for the Institute of Psychosocial Development (IPSA), marked by the completion of key initiatives and engaging knowledge-sharing events.

The “Psychoanalytic Dialogues” series successfully concluded with its fourth and fifth (final) sessions, held on Sunday, April 19 and Sunday, April 26. The series offered participants a valuable space for reflection, dialogue, and the deeper exploration of psychoanalytic perspectives, fostering thoughtful exchange and critical engagement.

Earlier in the month, on Monday, April 6, IPSA hosted a two-hour training session on the topic “Mental Health and ICTs: Digital Well-being, Intergenerational Collaboration, and Artificial Intelligence for Ageing Societies.” The session was delivered as part of the Institute’s dissemination activities within the framework of the Erasmus+ Programme (KA122-ADU-8B9E3705), titled “Training / Expansion / Development / Effectiveness,” and brought together partners, stakeholders, staff, and volunteers, reinforcing IPSA’s commitment to lifelong learning and innovation in psychosocial development.

In addition, the journey of the young adults’ group “Social Workshop” has come to an end, with its final meeting held on Sunday, April 19. Since October 2025, participants have engaged in a shared process that began with self-exploration, continued through interpersonal relationships, and gradually expanded to include connection with the broader social context. The group operated on both a structured level, through thematic sessions, and an experiential level, shaped by the evolving relationships among its members.

More than a learning process, this journey became a meaningful lived experience, fostering a gradual shift from the individual “I” to a collective “we.” By the end, the group had developed a shared identity, a “Collective We,” formed through the experiences, connections, and contributions of all participants. This enduring sense of connection remains one of the most significant outcomes of the group’s journey.

IPSA continues to promote dialogue, education, and community engagement through its diverse range of activities.



# **Championing Equality, Inclusion & Empowerment for Vulnerable Groups**

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