



sensus



## ABOUT US

The **Proud Ambassadors** project, entitled *Support of the Inclusion and Reporting of LGBTQIA+ Youth and their Mental Well-being in Europe* (2024-1-SE02-KA220-YOU-000250648) aims at supporting the social inclusion of LGBTQIA+ youngsters by addressing the issue of their mental well-being, which is reported to be negatively impacted and deficiently reported due to the discrimination they continuously face against their Sexual Orientation, Gender Identity, Gender Expression and/or Sex Characteristics (SOGIESC).

## FIND US



## OUR GOALS

1

### Policy reform:

We aim to map existing good practices and provide policy recommendations related to the proper approach and support of LGBTQIA+ youngsters' mental well-being.

2

### Educational development:

Using the findings from the mapping, we will develop innovative training materials for youth workers to properly approach and provide support to LGBTQIA+ youngsters.

3

### Training Opportunities:

We will transfer the developed materials, using a user-centric approach, by development a MOOC platform for asynchronous training, and training the 1st GEN of Proud Ambassadors through a series of webinars.

4

### Peer-guidance:

We will create an online safe space, the *Proud Ambassadors Support Forum* ensuring proper support and peer-guidance to LGBTQIA+ by the certified Proud Ambassadors.



## Kick Off Meeting

The Kick-Off Meeting of the Proud Ambassadors project took place in October 2024, hosted by SENSUS in Sweden, uniting all partner organizations to officially launch the initiative and align on shared goals.

### During the meeting, partners:

- Presented their organizations and roles
- Outlined responsibilities and timelines for each work package
- Shared ideas and strategies to support LGBTQIA+ youth inclusion and mental health

This dynamic start set the tone for a collaborative journey focused on advocacy, empowerment, and positive change for LGBTQIA+ young people across Europe.

## Inception Meetings Recap

Each Partner of the Proud Ambassadors project successfully implemented two international online inception meetings, drawing a total of 28 participants. Among the participants were LGBTQIA+ experts, activists, volunteers, psychologists, and decision-makers—creating a diverse and engaged space for discussion. During these sessions, partners and stakeholders carefully aligned on project objectives, shared insights on youth mental health and social inclusion, and laid the groundwork for collaborative mapping, research, and policy development activities. These inception meetings marked an important first step toward building a strong foundation for partnership and for the impactful work to come within the Proud Ambassadors initiative.





## Local Focus Group Insights & Final Policy Brief

Earlier this year, partners convened a series of local focus groups across partner countries as part of the Proud Ambassadors project. These sessions brought together LGBTQIA+ youth, activists, educators, and mental health professionals to map current good practices and identify gaps in legal and policy support—feeding directly into our transnational policy development process.

We are pleased to announce that **the Proud Ambassadors Policy Brief is now finalized and available online. You can find it [HERE!](#)**



## Proud Ambassadors Training of Trainers in Slovenia

We're excited to announce the **"Proud Ambassadors Training of Trainers"**, which will be organized by our partner Legebitra, taking place **in Ljubljana, Slovenia** from Monday, November 17 to Friday, November 21, 2025.

This 5-day intensive training will bring together 15 trainers from across partner organizations to work with the developed curriculum focused on supporting LGBTQIA+ youth. The aim is to build capacity among youth workers, educators, and professionals, and to gather final feedback on the training content and methodology.

*Stay tuned for updates and insights from this important training and our activities as we continue building more inclusive and supportive environments for LGBTQIA+ young people across Europe!*

## Preparation of the "Proud Ambassadors Training Curriculum"

The Proud Ambassadors project has entered an exciting new phase with the preparation of the Training Curriculum. This essential resource will provide youth workers and professionals with the knowledge and tools to better support LGBTQIA+ young people across Europe.

The Curriculum will consist of 8 thematic modules, each addressing a critical area in fostering inclusion, well-being, and empowerment:

1. **Understanding LGBTQIA+ Identities and Terminology**
2. **Identifying and Supporting Experiences of Non-Acceptance in LGBTQIA+ Youth**
3. **Mental Health: Assessment and Resilience-Building Techniques**
4. **Inclusive Communication and Anti-Bias Language Skills**
5. **Creating Inclusive and LGBTQIA+ Friendly Workplaces**
6. **Legal Frameworks and Rights of LGBTQIA+ Youth**
7. **Creating Safe and Inclusive Spaces for LGBTQIA+ Youth**
8. **Practical Tools and Innovative Training Techniques for Supporting LGBTQIA+ Youth**

